THE INSIGHT MAGAZINE



Rotaract District 9213

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Editor's Note



PADRR MORRIS NYAKUPAYO
DRR Newsletter Chief Editor
District9213
Rotaract Club of Arua

Hello November!

Welcome to our November edition! It is a pleasure to connect with you once again through our shared passion for service, leadership, and community transformation.

November is The Rotary Foundation Month, a time to celebrate the power of giving and reflect on how our collective generosity transforms lives and communities. It reminds us that Rotary is more than a network of professionals and friends; it is a movement of people committed to turning compassion into action and hope into lasting change.

Through The Rotary Foundation, contributions from members and friends support life-changing initiatives in disease prevention, peace-building, clean water and sanitation, education, maternal and child health, community development, and environmental protection. Every contribution, regardless of size, can help create opportunities and build a better future for those who need it most.

But as we celebrate the impact of the Foundation, we must also ask ourselves: What more can we do? How can we move beyond celebrating service to actively creating it? How can each club ensure that its commitment to Service Above Self is reflected in practical, sustainable solutions to the challenges facing our communities?

This November, let us turn commitment into action. I challenge every Rotaractor to take at least one deliberate step: contribute to The Rotary Foundation according to your ability, support a club fundraising initiative, identify a pressing community need, mentor a young person, or partner with others to deliver a project that creates measurable impact. Let every club set a clear service goal and take tangible steps towards achieving it before the month ends.

To our young leaders, remember that you do not have to wait for tomorrow to make a difference. Your ideas, energy, skills, and willingness to serve are valuable resources today. To our established leaders, let us lead by example, open doors for emerging leaders, and strengthen the partnerships that make sustainable change possible.

In this edition, we celebrate the people, projects, and stories that embody the Rotaract spirit. May they challenge us to think bigger, give more intentionally, and serve more effectively.

As we journey through November, let us give generously, serve purposefully, and lead with compassion. Together, we can transform hope into action and ensure that the impact of our service continues to demonstrate the Rotaract legacy we desire to achieve long after a project is completed.

Thank you for being part of this remarkable journey of service. May we continue to be people of action, united by friendship and driven by the desire to create lasting change

The Editorial Team



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Deputy Editor



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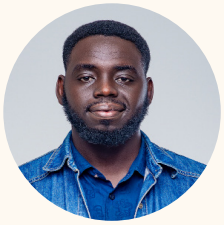
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More Members, More Impact

ROTARY INTERNATIONAL PRESIDENT'S MESSAGE



Change within ourselves is the first step toward the impact we seek to make in the world. I remember my first encounter with Rotary. I saw a Rotarian on television. I was a teenager with my thoughts elsewhere, when suddenly my full attention was on this man. I did not know it then, but that moment would change my life.

That is the thing about impact. We often imagine it as something we create out there, in a community we visit or in a project we fund. But that impact is brought about through the change within us as well. Increasing our impact is the first priority of Rotary's Action Plan, and it asks us not only to do good but to do good that lasts and can be measured. It means choosing sustainable, needs-based projects over comfortable ones and asking honestly whether a project will still be serving people five years from now without us in the room.

When I say we must Create Lasting Impact, I do not mean impact that fades once the ribbon is cut or the well is dug. I mean the kind of impact that changes the person doing the work as surely as it changes the person benefiting from it. Rotary changes all of us. It changed a teenager watching a television broadcast. It has changed millions of Rotarians and Rotaractors since 1905. And it will keep changing people, long after this Rotary year, if we do the work now to make sure it can. That work starts with membership. Impact scales with people. Every hand we add is another hand that can dig a well, teach a child to read, deliver a vaccine, or simply show up for a neighbour in need. As we approach our 125th anniversary in 2030, our goal is to reach 1.25 million Rotarians and 125,000 Rotaractors worldwide. That is not a number for a banner. It is a measure of how much more good we can do together, and how many more lives, including our own, Rotary still has the chance to change.

I have often challenged you to do better than your best. Growing our membership is where that challenge lives most urgently. Invite the colleague who keeps asking what Rotary is about. Welcome back the member who drifted away. Partner with the Rotaract club down the street. Every one of those conversations is a small act with lasting consequences. We have 125 years behind us and a great deal of work still ahead. Let us build the kind of Rotary that keeps changing people the way it changed me, one member, one project, one act of service at a time. Together, let us Create Lasting Impact.

YINKA President, Rotary International

Small Actions, Pooled Together, Become Miracles

DISTRICT GOVERNOR'S MESSAGE



Friends, I greet you in the spirit of Rotary, in the spirit of service, in the spirit of our shared calling to do good in the world.

When Paul Harris founded Rotary 121 years ago, he never imagined a network of over one million problem solvers. When Arch Klumph started The Rotary Foundation in 1917 with just $26.50, he never imagined it would become one of the most impactful humanitarian foundations in human history, with over $5 billion invested in life-changing projects. That is the power of Rotary: small actions, pooled together, become miracles.

November is Rotary Foundation Month. This is the month we stop and ask ourselves a simple but profound question: What has The Foundation done for me, and what am I doing for The Foundation?

Let me answer the first part. If you have ever seen a child walk because we funded a corrective surgery, that is The Foundation. If you have ever seen a community drink clean water from a borehole in Gulu, Luwero or Fort Portal funded by Rotary, that is The Foundation. If you have ever seen a young mother survive childbirth because we equipped her health centre at Kikandwa, that is The Foundation. If you have ever watched a child receive two drops of polio vaccine that will protect him for life, that is The Foundation.

The Foundation is not in Evanston, USA. The Foundation is not an office. The Foundation is you and me. It is YOUR heart. It is MY hands. It is OUR collective promise that we will not stand by and watch suffering when we have the power to change it.

This is why I am making a personal, passionate appeal to every Rotarian, Rotaractor and friend of Rotary in District 9213 this November.

Let us donate. And let us donate generously to The Foundation.

Our district target this year is bold because our needs are bold. If each one of us gives at least $200, we shall achieve our targets. To those who are yet to give to the Foundation, let us start by becoming Every Rotarian Every Year (EREY) donors with at least $25 to the Annual Fund. Twenty-five dollars is less than a lunch for two in Kampala, but it can vaccinate 60 children or provide dignity to a family.

For those who can give more, one hundred dollars makes you a Sustaining Member. One thousand dollars makes you a Paul Harris Fellow, and ten thousand dollars makes you a Major Donor. But more importantly, it makes you a lifeline to a community you may never meet, but who will forever remember that Rotary came.

Second, I am asking you to join the history-makers. Our determination to eradicate polio remains firm. From over 350,000 children paralysed by polio every year 40 years ago, today, we are down to a handful of cases in just two countries. Rotary has led this fight from day one. I call upon us to give $100 to PolioPlus and become a certified PolioPlus Society Member of District 9213.

> **The Foundation is not in Evanston, USA. The Foundation is you and me. It is YOUR heart. It is MY hands."**

For decades, we have said – drops, not tears. Now let us finish it. You can give easily and securely on trf.rotaryd9213.org. No amount is too small. Every dollar counts.

But Foundation Month is not just about giving money. It is about continuing to serve.

I want to thank you. Since July, I have travelled this beautiful district from the plains of Lira where I was born, to the hills of Kabarole, to Arua, to Gulu, to Mubende, to Hoima. I have seen clubs building teachers' houses in Kyenjojo, distributing mosquito nets in Mubende hospital, planting trees, mentoring youth, and running medical camps. You have embodied our theme: Create Lasting Impact.

The need is still immense. Uganda's maternal mortality is still high. Youth unemployment is still a crisis. Climate change is threatening our farmers. And yet, Rotary remains the hope of many communities.

So I ask you: Do not grow weary in doing good. Continue to serve.

Continue to visit that school and teach a child to read. Continue to support that young entrepreneur with seed capital. Continue to fund that water project so we have more Kasozi Health Centres or Gayaza Primary Schools. Continue to show up for your community because Service Above Self is not a slogan for a T-shirt. It is a way of life.

As we head into November, let your club be 100% EREY, let your club grow its Paul Harris Fellows and Major Donors, and let your club be remembered as a club that gave its best for humanity.

Let us build a Foundation that will outlive us. Let us continue to serve humanity with love and humility.

My family and I thank you for your friendship, your generosity, and your unwavering commitment to Rotary.

God bless Rotary.

DG. Gerald Obai

A Legacy Built Through Service

ALEX MUWANGUZI
District Rotaract Representative D9213

November brings us to an important moment in our Rotary calendar: Rotary Foundation Month. It reminds us that behind every successful project is a willingness to give, to collaborate, and to believe in the difference we can make together.

As Rotaract District 9213, let us embrace this month by strengthening our support for The Rotary Foundation. Every Rotaractor is encouraged to contribute at least US$25, with the aspiration that more members become Sustaining Members and Paul Harris Fellows. Beyond giving, I encourage clubs to pursue grant qualification, build partnerships, and explore District Grants, Global Grants, and other available funding opportunities to turn community needs into meaningful and sustainable projects.

As we serve, let us also remember the importance of telling our stories. Every community touched, every life changed, and every challenge addressed deserves to be documented and shared. I encourage our clubs to showcase their project impact throughout November. Our stories inspire others, to

> **"It is OUR collective promise that we will not stand by and watch suffering when we have the power to change it."**



celebrate our collective efforts, and preserve the Rotaract legacy we are building together.

To everyone who participated in the Rotaract Earth Initiative 2026, thank you for showing up and contributing to our district's journey. As more engagements approach, let us carry that same enthusiasm forward and participate even more actively. DISCON 102 in Gulu City presents another opportunity to connect, learn, and celebrate our shared commitment to service. I encourage every member to register this November while the current rate remains available.

As we celebrate our progress, let us remain mindful of the responsibilities that keep our district strong. Clubs are encouraged to identify their Presidents-Elect and ensure they are reported on My Rotary in good time. Clubs with outstanding district dues are also kindly reminded to settle them promptly, allowing sufficient time to prepare for the Rotary International invoice expected early next calendar year.

My dear Rotaractors, our experience becomes richer when we serve with passion, honour our membership obligations, and build meaningful professional relationships. Each of us has something valuable to contribute, and when we combine our efforts with a genuine desire to serve, our impact reaches far beyond individual clubs.

As we journey through November, may we continue to give generously, work together, and celebrate the good happening around us. Let us keep creating opportunities for one another, uplifting our communities, and building a legacy that future Rotaractors will be proud to carry forward.

Together, let us continue to serve above self and leave a stamp on history.




102
DISTRICT
CONFERENCE
Creating Lasting Impact
Rotary
District 9213
Rotaract
District 9213
EARLY
BIRD
TICKETS
GANG WA RESORT
GULU CITY
$130
ROTARACTORS
$200
ROTARIANS
Valid until November
30th 2026
Scan to Register
29th APRIL TO
1st MAY 2027
GANG WA RESORT
& SPA GULU CITY
In Partnership with
Redsquare





FROM THE OFFICE OF THE DISTRICT FAMILY OF ROTARACT CHAIR

A Message of Appreciation and Encouragement as We Enter the Second Quarter

As we come to the close of the first quarter, I would like to take a moment to sincerely appreciate each and every one of you for your commitment, support, and active participation in Family of Rotaract activities.

To all Rotaractors, Club Presidents, and the entire Rotaract District 9213 family, thank you for your enthusiasm, cooperation, and willingness to embrace this important docket. Your continued support has been instrumental in strengthening our vision of a caring, supportive, and united Rotaract family.

I extend special appreciation to everyone who has embraced the "Ask Your Counselors" group and safe space and actively engaged with our professional counselors. This is a significant milestone for our family. I encourage you to make even greater use of this platform for mental health support, general wellness, business guidance, and personal concerns. Remember, no issue is too small, and no one should feel alone when facing life's challenges. This space was created for YOU.

"You are loved, you are seen, and you are supported."

— Anyiko Agatha, District Family of Rotaract Chair, D9213

To our dedicated Club Family of Rotaract Directors, thank you for the tremendous work you continue to do at the grassroots level. Your efforts in promoting care, hospitality, guidance,



and counselling within your clubs are truly commendable. I also extend my heartfelt gratitude to the Family of Rotaract District Committee and the Festival Team for your unwavering dedication and selfless service. You are the heartbeat of this docket, and your contributions do not go unnoticed.

As we step into the second quarter, I encourage everyone to continue working hand in hand with the District Family of Rotaract Team to strengthen our impact and reach more members. Let us continue to support one another and invest in initiatives that bring us closer as a family.

I also invite you to support the upcoming Family of Rotaract Festival, either through cash or in-kind contributions. Every contribution, regardless of size, makes a difference and helps us bring this vision to life. Let us demonstrate the true spirit of Rotaract by supporting our own.

Above all, I want each of you to remember this: You are loved, you are seen, and you are supported. In these challenging economic times, when many are also navigating mental health struggles and personal difficulties, your presence matters. You do not have to have everything figured out, and you do not have to walk this journey alone. Let us continue to show up for one another, listen without judgment, and offer support whenever it is needed.



Together, we can build a family where everyone feels valued, safe, and empowered to thrive.

We are here for you, always.

With love and care,

Anyiko Agatha

District Family of Rotaract Chair

Rotaract District 9213 (D9213)

Family of Rotaract — Caring, Hospitality, Guidance & Counseling

IMPACT

Stories of Service
Stories of Change





A Step Towards Healthier Feet, Brighter Futures

Sharing Love through Shoes: Putting smiles on Young faces, One pair at a time

Imagine walking to school barefoot every day, stepping on scorching ground under the hot sun, navigating muddy roads during rainy seasons, and entering unsanitary latrines without protection for your feet. For many children, this is not imagination, it is their daily reality.

Driven by the spirit of Service Above Self and a commitment to community well-being, the Rotaract Club of Clarke International University, in partnership with Rotaract Club of Bukasa Muyenga, Busitema Human Rights Club, and Visionary Pathways, launched a shoe donation initiative to improve the health, safety, and dignity of school children in Kamuli District.

The initiative reached children at Namasagali College Staff Children's Primary School, Namasagali Primary School, and Kisaikye Primary School, providing them with shoes and, more importantly, a reminder that their well-being matters.

More Than Shoes: A Step Towards Better Health

For these children, a simple pair of shoes offers more than comfort. It provides protection against cuts, wounds, sharp objects, hot surfaces, and exposure to potentially contaminated soil. Walking barefoot in unsafe environments can increase the risk of certain infections, including hookworm and other soil-transmitted diseases.

By providing this essential item, the initiative contributes to creating safer conditions for children as they travel to school, participate in daily activities, and pursue their education.

Yet the impact goes beyond physical protection. Every child deserves to walk to school safely, learn comfortably, and grow up with dignity. A pair of shoes may seem like a small gift, but for a child who has never had reliable footwear, it can bring renewed confidence, comfort, and joy.

Small Acts, Lasting Impact

Watching the children receive their shoes offered a powerful reminder that meaningful change does not always begin with grand gestures. Sometimes, it begins with recognizing a need and choosing to act.

Each smile reflected the power of compassion and collective action. Every pair of shoes represented care, solidarity, and belief in a brighter future for the next generation.



For the participating clubs and partners, the initiative reaffirmed that service is not measured merely by what we give, but by the positive difference we make in people's lives. It also demonstrated the importance of partnerships in addressing community needs and advancing child health, education, and development.

A Shared Commitment to Service

We extend our heartfelt appreciation to every partner, supporter, and individual who contributed to making this initiative possible. Your generosity has helped put shoes on little feet and smiles on young faces, while reinforcing a shared commitment to building healthier, safer, and more inclusive communities.

As Rotaractors, our mission remains clear: to reach undeserved communities, respond to practical needs, and create opportunities for every child to thrive. Because changing a life can begin with helping someone take their next step.

Together, let us continue living the Rotary spirit of Service Above Self, one child, one community, and one meaningful act of kindness at a time.

Kirumira Frank

President, Rotaract Club of Clarke International University




Rotaract
East Africa Impact
REACT 2027
REACT 27'
ROTARACT EAST AFRICA IMPACT
26th – 28th MARCH 27'
REGISTRATION FEES
$120
SINGLE
ACCOMODATION
$100
SHARED
ACCOMODATION
UGX PAYMENT
3202782395
USD PAYMENT
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Vice Chair Rtr Linda
FORTPORTAL
UGANDA



Where Hope Grows

Mushroom Enterprise Takes Root in Mpigi

Through Suubi – Hope for Young Mothers, the Rotaract Club of Upper Kololo and Gejja Women Foundation are equipping women and young people with the skills to build sustainable livelihoods, strengthen their independence and stand up for their rights.

For six days in October, Gejja Women Foundation in Bulyasi Village, Mpigi District, became a hub of learning, opportunity and renewed hope. From 5 to 10 October 2026, more than 40 women and young people from Bwanya, Buyasi, Kafumu and Lwanga gathered for a programme built around a powerful idea: that a livelihood which can be started at home, with limited space and modest capital, can open the door to greater economic independence and a better future.

Known as Suubi – Hope for Young Mothers, the initiative was implemented under the Young Women Mushroom Enterprise with Integrated Gender-Based Violence Prevention Training project. In Luganda, suubi means hope, a fitting name for an initiative designed to equip participants not with handouts, but with practical skills, productive resources and the confidence to shape their own futures.

Listening to the Community

Suubi began with conversations, not a training manual. The Rotaract club of Upper Kololo consulted Gejja Women Foundation, a community-based organization working closely with women, young people and vulnerable households across the four communities.

The discussions revealed familiar but pressing challenges: unemployment, low household incomes, limited access to capital and a shortage of affordable livelihood opportunities.

Yet beneath these economic challenges lay another concern. Women who depend entirely on others for financial support may have limited influence over household decisions. Combined with harmful gender norms and unequal power relations, this dependence can increase their vulnerability to gender-based violence.

It became clear that a project focused solely on income generation would address only part of the problem. Participants needed an opportunity to develop economically while

gaining the knowledge and confidence to understand their rights and seek support when necessary. Suubi was designed to address both needs.

A Small Crop with Big Potential

Oyster mushroom farming emerged as a practical and accessible livelihood option. Mushrooms can be cultivated at home, require relatively little space and can be started with modest investment. Their production can also be managed alongside childcare, household responsibilities and other daily activities.

For young mothers and other aspiring entrepreneurs with limited access to land or financial resources, mushroom cultivation offers a realistic entry point into business.

Beyond its income-generating potential, mushroom production can contribute to household nutrition, creating an opportunity for families to benefit from both the sale and consumption of their harvests.

The vision is straightforward; help participants turn an accessible agricultural activity into a source of income, resilience and long-term opportunity.

From Cultivation to Enterprise

The training went beyond teaching participants how to grow mushrooms. It introduced them to the wider business skills needed to transform production into a sustainable enterprise.

Participants learned the practical techniques of oyster mushroom cultivation before exploring business management, product marketing and customer identification. They were encouraged to think beyond growing a successful harvest and consider how to sell their produce, manage their earnings and build a reliable customer base.

Financial literacy was another important component. Sessions on saving, financial discipline and reinvestment highlighted the importance of managing income carefully and using part of today's earnings to support tomorrow's production.



These lessons positioned participants not merely as trainees, but as emerging entrepreneurs with the potential to build independent livelihoods, support their households and share their knowledge with others.

Empowerment Beyond Income: Preventing Gender-Based Violence

One of Suubi's defining features was the integration of Gender-Based Violence (GBV) Prevention Training into the enterprise programme.

Alongside lessons in mushroom production and marketing, participants explored gender equality, women's rights, violence prevention and pathways to support for people experiencing abuse.

The integration was deliberate. Economic empowerment and personal safety are closely connected, although financial independence alone cannot eliminate gender-based violence. Greater control over income may strengthen a



woman's participation in household decisions, while knowledge of her rights and available support services can help her recognize harmful situations and seek assistance.

By addressing economic vulnerability and gender-related challenges together, Suubi promotes a more holistic understanding of empowerment, one in which opportunity, dignity, safety and equality reinforce one another.

Building a Legacy Beyond the Training

The project's impact is intended to extend well beyond the six days of training.

A demonstration mushroom unit has been established at Gejja Women Foundation, providing a shared space where participants can continue learning, practicing and improving their production techniques. The facility also offers an opportunity for other community members to observe mushroom cultivation and explore the possibility of starting their own enterprises.

Five women received starter mushroom gardens to begin production at home. In addition, at least 400 mushroom gardens were produced and distributed to support continued cultivation.

To sustain this progress, Gejja Women Foundation will continue providing technical mentorship. Participants are also encouraged to save collectively, support one another, reinvest part of their earnings and share their skills with neighbors.

This approach creates the possibility of a multiplier effect: the knowledge gained by the initial group of participants could reach many more households as the enterprise grows and community members learn from one another.

Partnership That Makes a Difference

Suubi received US$1,000 in support through the Rotary District Grant's District Designated Fund contribution, helping finance training, productive resources and a shared community learning facility. Although modest in size, the investment demonstrates how targeted support can create opportunities that extend beyond the immediate project period.

The initiative also highlights the value of collaboration between Rotaract and community-based organizations. The Rotaract club of Upper Kololo contributed project planning, coordination and the support of the wider Rotary family, while Gejja Women Foundation brought its established community relationships and continued presence on the ground.

Together, the partners created a programme rooted in local needs and designed around the realities of the people it serves. This is service in action; identifying a challenge, listening to the community and working alongside local partners to create practical, sustainable solutions.

The Harvest Is Yet to Come

The full impact of Suubi will become clearer in the months ahead. Its progress will be reflected in mushroom harvests sold, savings

accumulated, businesses sustained and the confidence participants carry into their homes and communities.

For now, the project has established a foundation: practical agricultural skills, productive resources, continued technical support and a shared understanding that economic opportunity and personal dignity belong together.

For the women and young people of Bwanya, Buyasi, Kafumu and Lwanga, Suubi represents more than a mushroom enterprise. It is an opportunity to turn knowledge into action, skills into livelihoods and community support into lasting change.

Because sometimes, hope does not arrive as a finished solution. Sometimes, it begins with a small garden, a new skill and the courage to grow something of one's own and in Mpigi, that is exactly where hope has taken root.

By Andrew Ssessanga

Projects Director

Rotaract Club of Upper Kololo

40+
Women and young people participating

6 Days
Training period, 5–10 October 2026

400+
Mushroom gardens produced and distributed

$1,000
Rotary District Grant supports

"Sometimes, hope does not arrive as a finished solution. Sometimes, it begins with a small garden, a new skill and the courage to grow something of one's own."

— *ANDREW SESSANGA*
Projects Director - Rotaract Club of Upper Kololo

OUR BRANDS



AFRIKAN HARVEST



Rooted in the rich heritage of African agriculture and the simplicity of natural living. **Afrikan Harvest** is a snack brand under **Psalms Food Indutries Limited** committed to sourcing the finest agricultural produce directly from local farmers, ensuring that our products are not only high-quality but also support sustainable practices. **"Go Natural"** is more than just a slogan; it's the core of who we are... dedicated to authenticity, purity, and the well-being of our consumers and communities.

KRUNCHABLES

Introducing **KRUNCHABLES** — our exciting new corn and wheat snack crafted for the ultimate crunch experience. Light, tasty, and irresistibly crispy, Krunchables is made for snack lovers who enjoy bold flavor and a satisfying bite. Whether on the go, at work, or relaxing with friends, Krunchables



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7 Clubs 7 Areas of Focus ONE Visión

United in Service,
Creating lasting Community Impact

The Seven by Seven Buyiga Island Project was a two-day community service initiative that brought together Rotary and Rotaract clubs in a shared commitment to improving community wellbeing and promoting sustainable development.

The initiative was built on the power of collaboration, bringing together members from participating clubs to combine their resources, skills, networks, and time in service to the people of Buyiga Island.

Through a collective approach to community service, the project sought to address local needs, strengthen community resilience, and create meaningful opportunities for positive change.

Seven Areas of Focus, One Vision

Designed around the seven Rotary Areas of Focus, the initiative provided a platform for participating clubs to contribute to different aspects of community development while working towards a common goal.

The project emphasized the importance of bringing service closer to communities through activities aimed at improving wellbeing, supporting education, encouraging environmental responsibility, and strengthening local resilience.

By coordinating efforts across different areas of service, the participating clubs demonstrated how collective action can expand the reach and impact of community initiatives.

A Partnership Built on Service

The Seven by Seven initiative brought together the following Rotary and Rotaract clubs:

- Rotary Club of Rubaga Lake View
- Rotary Club of Rubaga Hill, District 9214
- Rotaract Club of Kiteezi
- Rotaract Club of Kabalagala
- Rotaract Club of Rubaga Lake View
- Rotaract Club of Rubaga
- Rotaract Club of Wakiso Central

Together, these clubs contributed to a shared mission of community service, demonstrating the value of cooperation, shared responsibility, and a common commitment to sustainable development.

Rotaract Club of Wakiso Central: Championing Education and Literacy

For the Rotaract Club of Wakiso Central, the project provided an opportunity to contribute specifically to Basic Education and Literacy, one of Rotary's key Areas of Focus.

Education and literacy are essential foundations for individual empowerment, community

development, and long-term social progress. Through its participation, the club reaffirmed its commitment to supporting initiatives that promote learning and create opportunities for individuals and communities to thrive.

The club's involvement reflected the belief that investing in education is an investment in a stronger and more resilient future.

The Power of Collective Action

The Seven by Seven Buyiga Island Project demonstrated how partnerships between Rotary and Rotaract clubs can bring together diverse strengths to serve communities more effectively.

By pooling their resources, expertise, networks, and volunteer time, the participating clubs created a collaborative platform for addressing community needs in ways that individual efforts might not achieve alone.

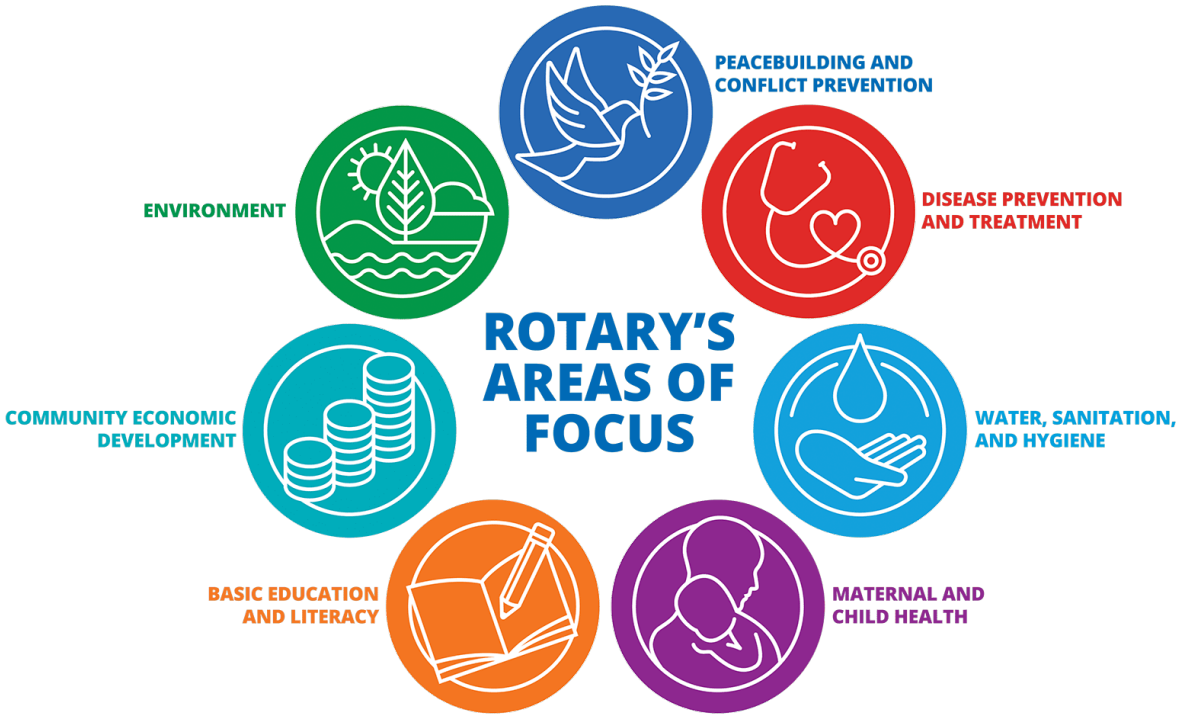
Beyond the two days of activities, the initiative reinforced the importance of sustained partnerships, community engagement, and a shared commitment to service.

Sustaining the Spirit of Service

The Seven by Seven initiative serves as a reminder that meaningful community development is strengthened when people and organizations work together towards a common purpose.

As the participating clubs continue their respective service journeys, the experience on Buyiga Island stands as an example of the opportunities created through collaboration, shared vision, and a commitment to putting community needs at the heart of service.

Together, we serve. Together, we empower. Together, we create lasting impact.





GREEN MINDS, BETTER FUTURES

Transforming Youth Mental Health through School-Based Action in Northern Uganda

Building a generation of young people who understand mental health, support one another, and have the confidence to seek help.

A Generation That Deserves to Be Heard

Across Northern Uganda, young people face a range of challenges, including academic pressure, family difficulties, social expectations, violence, stigma, and uncertainty about their future. While mental health awareness is growing, many young people still lack safe spaces where they can express themselves, develop healthy coping skills, and access appropriate support without fear of judgment.

Recognizing this need, Save Dreams Uganda (SDU), a youth-led community organization committed to mental well-being and youth empowerment, established the Green Minds Mental Health Program (GMMHP).

The program promotes mental health awareness, peer support, life skills, and early help-seeking, with a particular focus on schools and young people. Its guiding belief is simple: mental health is an essential part of education, personal development, and community well-being.

Through school-based engagement and community partnerships, Green Minds seeks to build a generation of young people who understand their emotional well-being, support one another, and know when and where to seek help.

Bringing Mental Health Education into Schools

Schools provide an important opportunity to reach young people during their formative years. Through the Green Minds Mental Health Program, Save Dreams Uganda engages

educational institutions to encourage open, responsible, and supportive conversations about mental health.

The program has conducted activities at Peja Senior Secondary School, St. Peter's Primary School, and Grace Christian Academy, alongside engagement activities at Gulu Prison.

These engagements provide opportunities to raise awareness about emotional well-being, encourage positive relationships, address harmful stigma, and help young people understand the importance of seeking appropriate support when facing emotional or psychological difficulties.

A t

> **"Mental health is an essential part of education, personal development, and community well-being."**
>
> — *Watmon James*

Grace Christian Academy, follow-up engagement included the establishment of a school club, the appointment of a teacher in charge, and the provision of information, education and communication (IEC) materials. These steps provide a foundation for continued mental health awareness beyond individual sessions.

Rather than treating mental health as a subject to be discussed only during a crisis, Green Minds promotes its integration into everyday



conversations about learning, relationships, resilience, and personal growth.

Giving Young People a Voice

One of the program's key approaches is encouraging school-based clubs that support ongoing mental health awareness and positive peer engagement.

Through these clubs, students can participate in awareness activities, promote kindness and inclusion, and learn how to respond appropriately when a friend may be experiencing emotional difficulties.

Teachers appointed to guide the clubs, together with school matrons and patrons where appropriate, provide adult guidance and help ensure that activities are conducted responsibly.

Importantly, peer support does not mean expecting students to become counselors or manage serious mental health challenges on their own. Instead, it equips young people



to recognize signs of distress, listen without judgment, challenge harmful stereotypes, and encourage their peers to seek help from trusted adults and qualified professionals when necessary.

By giving students a constructive role in promoting well-being, Green Minds recognizes young people not merely as recipients of support, but as active participants in building healthier and more supportive school communities.

Building Skills for Life

Mental health promotion goes beyond sharing information. Young people also need practical skills to navigate the challenges they encounter at school, at home, and within their communities.

The Green Minds Mental Health Program incorporates life-skills education and peer engagement to encourage emotional awareness, healthy communication, positive decision-making, resilience, and constructive responses to conflict.

These skills can help young people recognize and express their feelings, communicate their needs, manage everyday pressures, and build healthier relationships.

The programme also emphasizes the importance of reducing stigma. A young person experiencing emotional distress should not be labeled as weak, troublesome, or incapable. Instead, they should be treated with dignity, understanding, and compassion, and encouraged to access appropriate support.

Through continued school engagement, Save Dreams Uganda seeks to nurture a culture in which asking for help is recognized as a positive step towards well-being rather than a source of shame.

Partnerships for Sustainable Impact

Sustainable mental health promotion requires collaboration among schools, families, community organizations, health professionals, local leaders, and youth-led initiatives.

The Green Minds school-based approach recognizes the importance of working with teachers and school leadership to establish structures that support continued engagement. It also creates opportunities to collaborate with mental health practitioners and other organizations that can contribute technical expertise, training, educational resources, and referral pathways.

Schools and organizations interested in supporting the programme can contribute by facilitating awareness sessions, training peer leaders, providing IEC materials, strengthening referral systems, and promoting community dialogues.

Such partnerships can help connect mental health awareness with appropriate support services, ensuring that young people experiencing serious challenges are not left to navigate them alone.

Expanding the Reach of Green Minds

Save Dreams Uganda envisions a future in which mental health promotion becomes an integral part of school life and community development across Northern Uganda.

For the 2026–2027 planning period, the Green Minds Mental Health Program has set ambitious targets:

- 360 schools to be reached.
- 1.3 million young people to be engaged.
- 200 peer leaders to be trained.
- 400 teachers to be engaged.
- Mental health awareness sessions and community dialogues to be conducted.

These figures represent programme targets, not completed achievements. Reaching them will require adequate resources, technical partnerships, sustained school engagement, and strong community participation.

As the programme expands, monitoring participation, assessing changes in mental health knowledge and attitudes, documenting referrals appropriately, and gathering feedback from students and teachers will be essential to evaluating effectiveness and improving implementation.

The long-term aspiration is to build a network of schools and communities where mental health promotion is continuous, young people know where to seek help, and supportive relationships are part of everyday life

A Call to Action: Together, We Can Make a Difference

The Green Minds Mental Health Program is founded on a fundamental belief: no young person should have to struggle in silence.

Save Dreams Uganda invites schools, youth organizations, Rotaract and Rotary clubs, health professionals, development partners, and community leaders to join efforts to promote mental well-being among young people in Northern Uganda.

Partnership can take many forms, from facilitating school access and supporting awareness sessions to training peer leaders, providing educational materials, strengthening referral pathways, and helping document and evaluate programme outcomes.

Every contribution matters. By working together, communities can help create environments where young people feel heard, supported, and empowered to learn, grow, and pursue their dreams.

Green Minds, Brighter Futures.

At Save Dreams Uganda, we believe that when young people are equipped with the right knowledge, practical skills, and supportive relationships, they are better positioned to build healthier futures for themselves and their communities.

By Watmon James

Rotaract club of Gulu


Rotaract
District 9213
ROTARACT
FESTIVAL
"Roots to Rise: Our Culture, Our Vibe, Our Time"
13th March, 2027
Sumz
KIJ GAS


Rotaract
District 9213
ROTARACT
FESTIVAL
"Roots to Rise: Our Culture, Our Vibe, Our Time"
13th March, 2027
Sumz
KIJ GAS



TEST BEFORE YOU TREAT

ROTARACT CLUB OF JINJA TAKES MALARIA FIGHT TO SCHOOLS

The launch of Budondo Malaria Control 2 brings malaria awareness, testing and prevention to 100 pupils at Buyala Primary School, marking another step towards healthier families and communities.

A classroom became a frontline in the fight against malaria as the Rotaract Club of Jinja launched the second phase of its Budondo Malaria Control Project at Buyala Primary School, engaging 100 Primary Six and Primary Seven pupils in practical lessons on malaria prevention, testing and treatment.

> **"Healthy learners, healthier communities."**
>
> — *Project call to action*

The launch marked the beginning of a six-month community health initiative designed to help families in Budondo and Butagaya recognize malaria symptoms early, seek appropriate care and follow the correct referral pathways. Supported by the Malaria Partners International Community Impact Grant in partnership with Malaria Partners Uganda, the project builds on the achievements of its first phase while expanding efforts to bring malaria services closer to the community.

For the pupils gathered at Buyala Primary School, the launch was more than a health education session. It was an opportunity to understand how malaria is diagnosed, where to seek treatment and how simple preventive measures can protect their families.

A health educator from Budondo Health Centre IV guided the learners through the recommended malaria care pathway, emphasizing the importance of testing before



treatment.

The session explained the role of Village Health Team (VHT) members, who provide community-level malaria testing using Rapid Diagnostic Tests (RDTs) and help connect patients to appropriate care. Learners were also informed about the importance of further assessment at health facilities when symptoms persist or a patient remains unwell, as well as the availability of testing and treatment services at some drug shops and pharmacies.

The message was clear: early diagnosis, appropriate treatment and timely referral are essential in reducing the impact of malaria.

One of the most significant moments of the launch came when health education was accompanied by actual malaria testing.

Of the 100 pupils who attended the event, 92 were tested, and 13 tested positive for malaria, approximately 14 per cent of those screened.

All 13 pupils were referred to Budondo Health Centre IV, where they received treatment.

The findings highlighted the continued burden of malaria among school-going children and demonstrated the value of bringing testing services directly into learning environments. By identifying infections early and linking affected pupils to treatment, school-based interventions can help reduce the risks associated with delayed diagnosis.

Schools also provide a valuable platform for extending health information beyond the classroom. Pupils can share what they learn with parents, siblings and neighbors, helping turn individual knowledge into community-wide prevention.

Beyond testing, pupils received practical demonstrations on the correct hanging and use of insecticide-treated mosquito nets.

The session reinforced the importance of ensuring nets are properly positioned and used consistently, alongside other recommended malaria prevention measures.

These practical lessons are central to the project's broader goal: helping households move from awareness to action. By equipping children with accurate information, the initiative seeks to encourage healthier habits that can be adopted at home and sustained within the community.

The launch at Buyala Primary School is only the

"Seek malaria testing before treatment."

— Project call to action

100
Pupils engaged

92
Pupils tested

13
Positive test results

35
Community health workers planned for training and certification



beginning of a wider programme of activities scheduled to run from October 2026 to March 2027.

Over the six-month implementation period, the Rotaract Club of Jinja plans to train and certify 35 community health workers across seven villages. These workers are expected to conduct at least 525 household visits every month, taking malaria education and prevention messages directly to families.

The project will also train 14 drug outlets in the principle of test before treat and supply them with malaria testing kits. Engagements with herbalists and cultural leaders will encourage timely referrals for testing and appropriate medical care.

In schools, 12 institutions will receive malaria information placards, while teachers will be trained and Malaria Ambassadors equipped to lead peer-to-peer education. The approach is intended to establish a network of informed young people who can champion prevention and encourage responsible health-seeking behavior among their peers.

Community outreach will be strengthened through four malaria testing camps and the distribution of 300 insecticide-treated mosquito nets to the most vulnerable households.

To extend the campaign's reach, the Club will also run a 12-week radio awareness campaign across three local radio stations, including a live talk show. The broadcasts will provide an additional platform for sharing prevention messages, addressing misconceptions and encouraging residents to seek timely care.

Together, these activities aim to make reliable malaria information and appropriate services more accessible to households throughout Budondo and Butagaya.

The Budondo Malaria Control 2 initiative reflects the power of community-centered service in addressing public health challenges. By bringing together schools, health workers, drug outlets, community leaders and local media, the Rotaract Club of Jinja is working to ensure that malaria prevention becomes a shared responsibility.

As the project unfolds, residents are encouraged to test for malaria before taking antimalarial medicines, complete the prescribed course of treatment, sleep under insecticide-treated mosquito nets and seek medical attention when symptoms persist or worsen.

The message extends beyond Buyala Primary School: every household deserves the knowledge and opportunity to prevent malaria, access timely testing and receive appropriate treatment.

Through sustained education, community participation and stronger links to health services, Budondo Malaria Control 2 seeks to turn awareness into action and action into healthier, more resilient communities.



Clean Water, Better Learning, Brighter Futures

The Rotaract Club of Busitema University is proud to announce the successful implementation of a USD 2,500 Water, Sanitation and Hygiene (WASH) Project at Syaule Primary School in Busia District, Uganda. The initiative marks a significant step towards improving access to safe and reliable water, promoting better hygiene practices, and creating a more conducive learning environment for pupils and staff.

Sponsored by the Rotary Club of Bideford Bridge, England; Rotary District 1175, the project demonstrates the power of service, collaboration, and community partnerships in addressing essential needs within educational institutions.

Project Impact at a Glance >>>

$2500
Total project investment

450
Direct beneficiaries; Pupils and school staff

430
Pupils reached; Including 200 girls

20
staff members; Benefiting from improved water access

3,000
Litre water tank; Newly installed storage capacity

2,000
Litre water tank; Newly installed storage capacity

Addressing the Challenge of Water Access

Before the intervention, pupils and staff at Syaule Primary School faced significant challenges in accessing water for drinking, cleaning, and maintaining proper sanitation and hygiene. The school relied on a communal borehole and an unprotected spring, requiring pupils to spend up to four hours of learning time each day obtaining water.

This situation not only disrupted classroom activities but also presented challenges to the school's hygiene standards and the overall wellbeing of the school community.

Recognizing the urgent need for a sustainable solution, the Rotaract Club of Busitema University worked with its partners to implement a practical water access initiative designed to reduce the burden on pupils and improve the school's water supply.

Key Project Interventions

The project focused on three major interventions to improve water storage and collection at the school.

- Installation of a new 3,000-litre water storage tank; A new 3,000-litre tank was installed to increase the school's water storage capacity and improve access to water for daily school activities.
- Renovation of existing 2,000-liter water tanks; The project also involved renovating the school's existing 2,000-litre water tanks, helping restore their usefulness and strengthen the school's overall water storage system.
- Rainwater harvesting from two toilet block roofs; A rainwater harvesting system was installed to collect water from the roofs of two toilet blocks. This intervention makes use of available rainfall and supports a more sustainable approach to water collection and storage.

Together, these interventions provide an improved system for collecting, storing, and accessing water, helping the school better manage its daily water needs.



Restoring Learning Time and Promoting Dignity



Access to reliable water is essential for effective teaching and learning. By reducing dependence on distant or less-protected water sources, the project is expected to help minimize disruptions to school activities and allow pupils to dedicate more time to their education.

The initiative is particularly significant for girls, who make up 200 of the school's 430 pupils. Improved access to water supports a cleaner school environment and contributes to the conditions needed for better sanitation, hygiene, and dignity.

Beyond the immediate infrastructure improvements, the project represents an investment in the health, education, and future opportunities of the children of Syaule Primary School.

A Partnership for Sustainable Community Development



The successful implementation of this project reflects the importance of partnerships in achieving meaningful and lasting community impact.

The Rotaract Club of Busitema University extends its sincere gratitude to the Rotary Club of Bideford Bridge, England; District 1175, for sponsoring the project and supporting efforts to improve access to water and hygiene services at the school.

Special appreciation also goes to Wynes Hotel and the Rotary Club of Sam Owori for their partnership and contribution towards this important initiative.

Their support demonstrates how collaboration between Rotary and Rotaract, community partners, and other stakeholders can help address essential needs and create opportunities for sustainable development.

Looking Ahead: Sustaining the Impact

The installation and renovation of water infrastructure are important milestones, but the long-term success of the project will depend on proper maintenance, responsible water use, and continued attention to sanitation and hygiene practices.

With effective care and community ownership, the improved water system can continue to support the school's daily operations and contribute to a healthier, more supportive learning environment.

The Syaule Primary School WASH Project is a reminder that access to water is more than a basic necessity, it is a foundation for education, health, dignity, and opportunity.

Together, We Make a Difference




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Our Services: All Gas Refills, Fulsed, Burners, Horse Pipe
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3

PEOPLE

The People Behind the Movement



What a Time to Be a Rotaractor!



One of the recurring challenges within Rotaract has never been a lack of ideas or passion. It has been resources. Across Africa, Rotaractors continue to dream big, design impactful projects, and volunteer countless hours to serve their communities. Yet turning those ideas into reality often depends on finding partners who believe in the same vision.

It all began with "What if we could secure financial support to make the work of the Rotaract Africa MDIO a little easier?"

Like every ambitious Rotaractor, we dreamed... then we decided to stop dreaming and start knocking on doors.

Together with **the then President elect Nancy Njeri, Immediate Past President Allan Mukasa Ntambi Lukoda, and our Learning Officer Kingsley Awo,** and many others behind the scenes, we approached several potential partners like Stanbic Bank and UNICAF hoping to establish a partnership that would support the MDIO financially.

Our initial objective was simply to ease the financial burden of running programs. Instead, those conversations evolved into something much greater: an opportunity to invest directly in Rotaractors themselves through access to higher education scholarships. It was a powerful reminder that meaningful partnerships are not just about funding organizations, they are about creating opportunities that empower people and unlock their potential.

For Rotaractors, access to education goes far beyond earning another qualification. It strengthens professional competence, broadens perspectives, develops stronger leaders, and equips members to make a greater impact in their clubs, careers, and communities. When we invest in the growth of our members, we strengthen Rotaract itself and create a ripple effect of service and leadership across Africa.

If furthering your education has been one of your aspirations, I encourage you to explore this opportunity. The future of Rotaract will not only be shaped by the projects we deliver, but also by the leaders we intentionally develop.

For more information about the scholarship opportunity and application process, kindly contact our partnership coordinator:

Sheila Omondi

+254 713 840 938

+254 714 655 897

I genuinely look forward to celebrating many of your acceptance stories.

Happy learning, fellow Rotaractors... and here's to growing together, leading better, and serving even greater!



Lillian Joy Kusiima,

Rotaract Club of Lira,

Past Treasurer, Rotaract Africa MDIO,

Deputy Learning Facilitator, D9213- RY 2026/2027





SERVICE ABOVE SELF, CROWN ABOVE ALL

How Rotaractor Sophie is Redefining Pageantry

An Exclusive Q&A with Asianzu Sophie, Miss Uganda Sports Queen and President of the Rotaract Club of Arua

A Crown with a Purpose

The lights dimmed, the confetti settled, and a new era officially began. On October 10, 2026, Rotaractor Asianzu Sophie was crowned Miss Uganda Sports Queen, marking a significant milestone in her journey of resilience, leadership, and ambition.

Beyond the glamour of pageantry, Sophie is an active Rotaractor and President of the Rotaract Club of Arua, guided by the motto Service Above Self. Her victory represents more than personal achievement; it is an opportunity to champion sports, empower young people, and create meaningful community impact.

In this exclusive interview with Insight Magazine, Queen Sophie reflects on her triumph, the lessons Rotaract has taught her faith, and her vision for a reign defined by service.



The Interview



Insight Magazine: What was your first thought when you were crowned Miss Uganda Sports Queen?

Queen Sophie: My first thought was, "God, you knew how badly I wanted this." I remembered the sacrifices, sleepless nights, financial challenges, and moments when I nearly lost hope. I also thought about my parents, who were involved in sports but lacked the support to pursue their dreams fully. I realized I was carrying more than a title; I was carrying a legacy. The crown was not just a reward for my journey but a responsibility for the work ahead.

Insight Magazine: How has Rotaract prepared you for leadership and the pressure of pageantry?

Queen Sophie: Rotaract has taught me that leadership is not about being the loudest person in the room but having the courage to stand for something and serve others. As President of the Rotaract Club of Arua, I have developed teamwork, accountability, communication, and confidence. These lessons helped me remain composed under pressure and respect other contestants. Most importantly, Rotaract taught me that a title has real value when translated into meaningful service.



Insight Magazine: What was your biggest challenge behind the scenes?

Queen Sophie: One of my greatest challenges was managing financial pressure alongside the physical and emotional demands of the competition. Long days, limited sleep, and uncertainty tested me. I had to remind myself why I started, lean on my faith, and accept support from those who believed in me. I learnt that resilience does not mean never feeling tired or afraid; it means finding the courage to keep moving forward.

Insight Magazine: How did you uphold Rotary's

Four-Way Test during the competition?

Queen Sophie: I believe integrity is just as important as the crown. I reminded myself that I could pursue excellence without diminishing other contestants. Every woman had her own strengths and dreams, and we could compete while respecting and encouraging one another. I wanted to represent myself, my community, and my country with dignity. Winning is beautiful, but winning without compromising your character is even more meaningful.

Insight Magazine: How does your identity as a health assistant, entrepreneur, sportswoman, and Rotaractor redefine the modern queen?

Queen Sophie: For me, the crown is not the destination; it is a tool for service, leadership, and change. I want to represent beauty rooted in compassion, courage, discipline, and purpose. A queen should confidently address an audience but also enter communities, listen to people's concerns, and help create solutions. I want my reign to be remembered not only for how I wore the crown but also for the lives I touched.

Insight Magazine: What initiative will you champion during your reign?

Queen Sophie: My priority is "Youth Empowerment Through Talent," under the theme "From Talent to Opportunity." Many young people have remarkable abilities but lack mentorship, resources, and opportunities to turn them into sustainable livelihoods. I want to create platforms where they can showcase their talents, connect with mentors, and develop practical skills for employment and entrepreneurship. Through Rotaract, I hope to mobilize partners, volunteers, and professional networks to make this initiative sustainable, especially for young people in undeserved rural and urban communities.

Insight Magazine: What message would you give a young person who doubts their potential?

Queen Sophie: Do not let your circumstances convince you that your dreams are too big. My educational journey faced interruptions, and there were times I wondered what opportunities remained open to me. I learnt that our challenges do not define us; our courage to keep going does. You do not need everything figured out before beginning. Start where you are, use what you have, and remain willing to grow. Never believe your story is over simply because your journey looks different from someone else's. God can still write a beautiful story with your life.

Insight Magazine: After the competition, what was your first comfort food?

Queen Sophie: After such an intense journey, I wanted to relax and enjoy a proper meal. My first craving was enyasa, commonly known as kalo, served with angara (salted fish). My friends laugh when I tell them how much I crave it, but that was the first meal I enjoyed after getting home!

Insight Magazine: Where will you keep your crown?

Queen Sophie: I will place it beside my bed, where it will be the first thing I see when I wake up and the last before I sleep. It will remind me of the prayers, sacrifices, and people who believed in me. Most importantly, it will remind me of the young people who need opportunities and the communities I hope to serve. The crown may have a special place in my home, but its true place is in the community.

Beyond the Crown

Queen Sophie begins her reign with a clear vision, a humble heart, and a commitment to community impact. Her journey demonstrates that true royalty is not defined by perfection or appearance but by the ability to inspire, serve, and empower others.

As she advances her “Youth Empowerment Through Talent” initiative, the Rotaract fraternity and the wider community have an opportunity to support a vision that turns talent into opportunity.

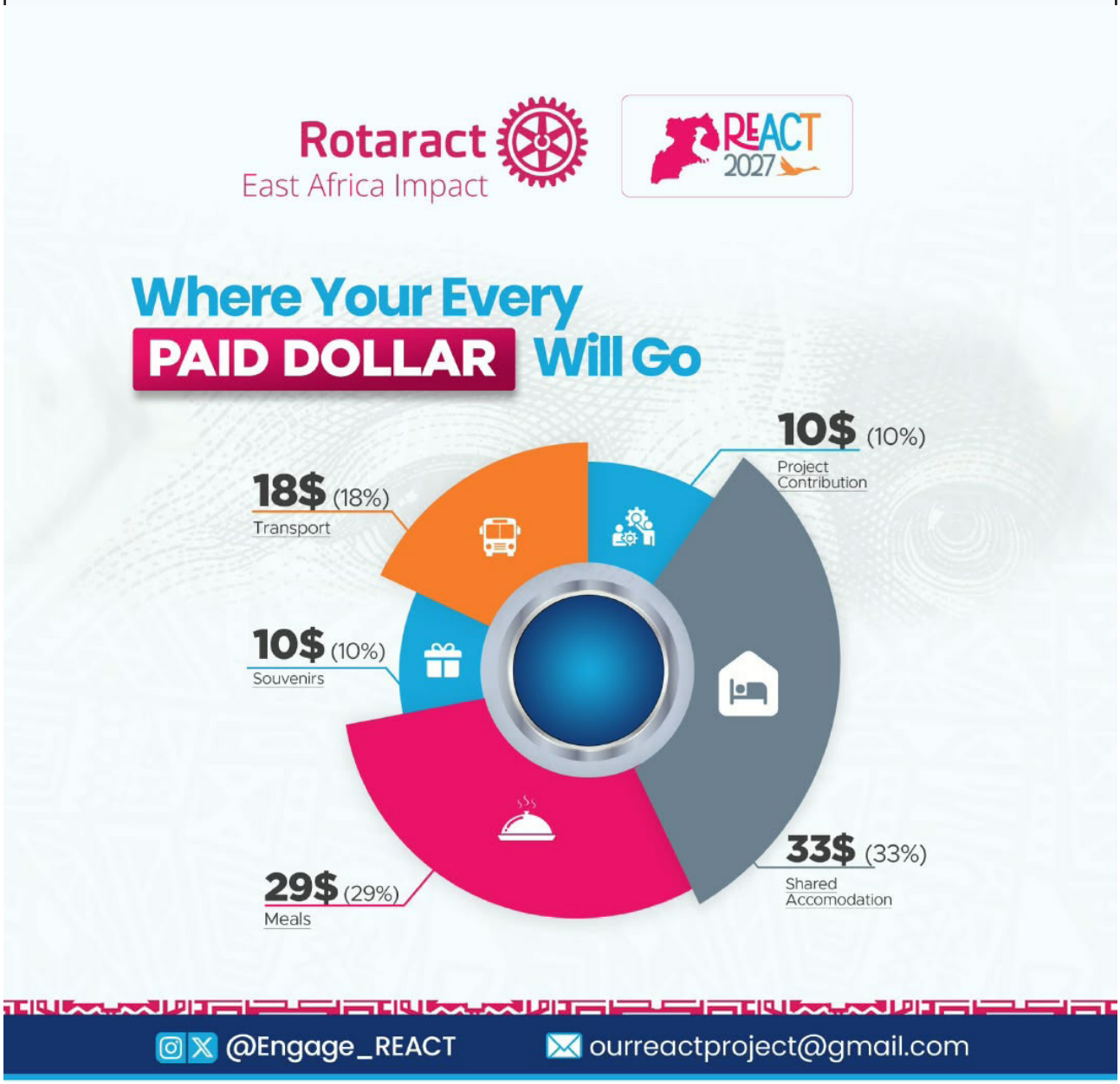
We look forward to seeing her translate Service Above Self into meaningful action throughout her reign

By Morris Nyakupayo



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36 YEARS, ONE LEGACY; KOLOLO'S JOURNEY OF IMPACT

Three and a half decades of growing leaders, serving communities and creating lasting impact



The applause had barely settled when the significance of the moment began to sink in. On the evening of 11TH September 2026, Hotel Africana brought together Rotaractors, Rotarians, alumni, charter members and friends to celebrate one remarkable journey, the 36-year story of the Rotaract Club of Kololo.

It was more than an anniversary. It was a moment to reflect on a club that has weathered changing times, welcomed generations of young people, nurtured friendships and transformed the spirit of Service Above Self into action.

For 36 years, Kololo has been more than a club. It has been a Launchpad for leaders, a home for service and a bridge between young people and communities

A LEGACY OF LEADERS

Perhaps Kololo's greatest achievement cannot be displayed on a project plaque or measured on a balance sheet. It is found in its people.

Over the years, the club has nurtured young men and women who have gone on to become Rotary leaders, professionals, entrepreneurs, community leaders and influential voices in society.

For many, wearing the Kololo badge became part of a journey that taught them how to lead, collaborate and serve, and, most importantly, how to leave a place better than they found it.

SERVICE THAT LEAVES A MARK

Leadership at Kololo has always found expression through service. From environmental conservation and tree planting to medical camps and community interventions, the club has continued to turn ideas into action.

> **"Leadership at Kololo has always found expression through service."**
>
> — *Kazungu Gerald*

One notable example is Elimu Yetu, through which the club supported Naguru Katali Primary School. In 2025, Kololo handed over a modern kitchen valued at more than US$20,000 (over UGX 73 million).

The project was more than a structure. It was proof that when young people unite around a shared purpose, ideas can become tangible solutions that continue serving communities long after the applause has ended

THE PEOPLE WHO BUILT THE STORY

No 36-year journey can be told without remembering those who built it, the charter



members who started the journey, alumni who carried the Kololo spirit forward, Rotarians and partners who opened doors, and generations of Rotaractors who gave their time, energy and ideas.

At the anniversary celebration, more than 38 Rotaract clubs and seven Rotary clubs joined Kololo, turning the occasion into a celebration of the wider Rotary family.

There were old friendships renewed, new connections formed, stories shared and memories created.

And perhaps that was the most beautiful part.

THE NEXT CHAPTER

Thirty-six years later, Kololo's greatest achievement may not be the projects it has completed, but the people it has helped become. The 36th anniversary was therefore not a full stop. It was a comma, because the story of Kololo is still being written and the next chapter is already beginning.

KAZUNGU GERALD

CLUB SECRETARY

Rotaract club of Kololo

36 years

Of leadership, fellowship and service

38+

Rotaract clubs represented

7

Rotary clubs represented

$20,000+

Value of the kitchen handed over to Naguru Katali Primary School in 2025

100 DAYS OF IMPACTFUL LEADERSHIP

Office of the Impact President | Rotaract Club of Kyanja – District 9213



By Charles Mivule Ssengendo, Impact President 2026/27

Fellow Rotaractors, Rotarians, friends, and partners in service,

I am Charles Mivule Ssengendo, the Impact President of the Rotaract Club of Kyanja for the Rotary Year 2025/26. Today, I proudly mark 100 days in office—a milestone that offers an opportunity to reflect on our journey, celebrate our progress, and look ahead to the work that remains.

When I took the oath of office 100 days ago, I did not promise to be the best president. Instead, I committed to being a president who serves, listens, and leads the Rotaract Club of Kyanja towards creating meaningful and lasting impact in our community.

100 Days: By The Numbers And By The Heart

Over the past 100 days, we have moved from words to action, turning our shared vision into meaningful experiences and tangible progress.

Strengthening Fellowship

Our Friday fellowship meetings at Sweetland Gardens, Kyanja, from 7:00 p.m. to 8:00 p.m., have become more than just meetings; they have become a home for connection, growth, and friendship. Participation has grown, relationships have strengthened, and the spirit of Kyanja continues to flourish.

Serving Our Community

We have taken service beyond photo opportunities, embracing initiatives that respond to the real needs of the Kyanja community. We have given, taught, listened, and taken steps towards making a meaningful difference in the lives of those around us.

Building a Committed Team

One of my greatest privileges has been working alongside a dedicated Board and committed members who continue to demonstrate the true meaning of service. They have generously contributed their time, resources, transport, and finances, often without seeking recognition. Their commitment reminds me that impactful leadership is never a one-person journey; it is a collective effort.

Lessons From My First 100 Days

These first 100 days have taught me that the presidency is not about the title before your name, but the responsibility that comes with it.

I have come to appreciate that the presidential

chain I wear is not merely a decoration; it is a symbol of the trust and confidence that you have placed in me. I carry that responsibility with humility, gratitude, and a renewed commitment to serve.

Leadership has also reminded me that progress is built through consistency, teamwork, accountability, and a willingness to listen. Every achievement, no matter how small, contributes to the larger vision we share for our club and community.

The Journey Ahead

The first 100 days have laid the foundation; the next 265 days will be about building upon it.

As we move forward, we are committed to unveiling our signature service project for Kyanja, strengthening our club's brand and visibility, and creating opportunities for every member to grow in leadership, career development, and friendship.

Our goal is not simply to count the days of our leadership, but to make every day count. We want our service to be felt, our fellowship to be valued, and our leadership to inspire meaningful change

Gratitude: The People Behind The Impact

My sincere gratitude goes to our mother club, the Rotary Club of Kasangati, for its unwavering mentorship, guidance, and continued support. Thank you for nurturing us with love and helping us grow.

Special appreciation goes to our sponsoring club, the Rotary Club of Kisaasi-Kyanja, for standing with us, guiding us, and supporting our journey of impact in numerous ways.

I also extend my heartfelt appreciation to the leadership of Rotary District 9213 and our Assistant District Rotaract Representative (ADRR) for walking this journey with us and offering the guidance and encouragement we need to keep moving forward.

In a special way, I thank our District Rotaract Representative (DRR), Mr. Alex Muwanguzi, for his visionary leadership, guidance, and constant encouragement to Impact Presidents across the district. Your leadership continues to inspire us to serve with passion, purpose, and commitment.

Finally, to every member of the Rotaract Club of Kyanja, thank you for believing in me, standing with me, and embracing this journey with trust and commitment. Your sacrifices, contributions, and dedication are the foundation of our progress. I remain deeply grateful for the opportunity to lead alongside you.

The Best Of Kyanja Is Yet To Come

As we celebrate these first 100 days, we do so with gratitude for how far we have come and renewed determination for what lies ahead.

The best of Kyanja is not behind us; it is ahead of us. Together, we will continue to build a club defined by fellowship, meaningful service, strong leadership, and lasting community impact.

Let us continue to serve to impact.

For Kyanja. For District 9213. For Rotary.

Charles Mivule Ssengendo

Impact President 2026/27

Rotaract Club of Kyanja – District 9213

Weekly Fellowship: Every Friday, 7:00 p.m.–8:00 p.m. at Sweetland Gardens, Kyanja.


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GROWING THROUGH NEW MEMBERS





By Cosmas Lubuulwa

President-Rotaract E-Club of Uganda Global

Membership growth is more than numbers; it is about attracting people who share our commitment to service and creating opportunities for them to contribute meaningfully. This Rotary year, Rotaract E-Club of Uganda Global has welcomed 14 new members, in addition to two who joined at the close of the previous Rotary year.

Beyond attracting and inducting new members, we have focused on integrating them into the club's activities and giving them opportunities to serve. From project implementation and administration to membership engagement and public relations, they have been entrusted with responsibilities that allow them to apply their talents, share ideas and develop their leadership skills.

Their contributions demonstrate that leadership is not determined by how long one has served, but by the willingness to take responsibility and make a difference. By creating space for new members to participate

and lead, we are building a culture of inclusion, accountability and shared ownership.

At the same time, experienced members continue to provide guidance and mentorship, creating opportunities for learning and collaboration. This balance enables new members to grow while strengthening the club's capacity to serve.

As we celebrate our membership growth, our focus remains on sustaining engagement, nurturing leadership and ensuring every member feels valued. Ultimately, the success of a Rotaract club is not measured by the number of people it attracts and inducts, but by how effectively it empowers them to serve, lead and create lasting impact in the community.





"By creating space for new members to participate and lead, we are building a culture of inclusion, accountability and shared ownership."

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PICTORIAL



November Babies

3rd



Nyakupayo Morris
Newsletter Editor
Rotaract club of Arua

15th



Alpha Moses Anguzu
PIME Chair
Rotaract club of Arua

27th



Sixtus Ibrahim Mulumba
ADRR Central Cluster 1
Rotaract club of Nakawa

26th



Turibamwe Elvin
ADRR Central Cluster 14
Rotaract club of Najjeera

26th



Nahurira Victor
District Projects Chair
RAC Kampala North

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Emirates
FLY BETTER
Softcare
Softcare
Softcare
Softcare
Dofft

2026 November

SUN	MON	TUE	WED	THU	FRI	SAT
1 **REI 2026**	2	3 DRR Visit to RAC Naggalama	4 DRR Visit to RAC Makerere University	5 DRR Visit to RAC Metropolitan	6 DRR Visit to RAC UICT	7 INTERACT WEEK | **DRR visit to E-club kla 7 hills**
8 DRR Visit to RAC Sonde	9 DRR Visit to RAC Mukono Central	10 DRR Visit to Clarke International	11 DRR Visit to RAC Nangabo	12 DRR Visit to RAC Kyadondo	13 DRR Visit to RAC Kyambogo University	14
15 DRR Visit to RAC Kulambiro	16 DRR Visit to RAC Butabika Royals	17 DRR Visit to RAC Buloba	18 DRR Visit to RAC Namugongo	19 Rotaract Africa Summit	20 Rotaract Africa Summit	21 District Training-Virtual
22 Rotaract Africa Summit	23	24	25 ROTARY ZONE 22 INSTITUTE	26 ROTARY ZONE 22 INSTITUTE	27 ROTARY ZONE 22 INSTITUTE	28 ROTARY ZONE 22 INSTITUTE
29	30	1	2	3	4	5
6	7	NOTES:	1. 2nd-7th: Interact Week 5th: World Interact Day 3. 7th; DRR Visit to RAC E-clubb of Kla 7 hill 22nd: 2026 Rotaract Africa Summit Zone 22 Rotary Institute			2. 4.19th- 5. 25th-19th:

Rotaract Leaderboard

RANK	KIND	CLUB	MEMBERS PAID
1	**ROTARACT**	**KAMPALA CITY**	**8**
2	**ROTARACT**	**BWEYOGERERE-NAMBOOLE**	**6**
3	**ROTARACT**	**ARUA**	**4**
4	**ROTARACT**	**LAKE VICTORIA**	**4**
5	ROTARACT	KAIHURA	3
6	ROTARACT	KAMPALA NORTH	3
7	ROTARACT	SEETA	3
8	ROTARACT	JINJA	2
9	ROTARACT	KAMPALA SOUTH	2
10	ROTARACT	NANGABO	2
11	ROTARACT	KOLOLO	2
12	ROTARACT	BUKOTO	1
13	ROTARACT	BULINDO	1
14	ROTARACT	CAVENDISH UNIVERSITY UGANDA	1
15	ROTARACT	E-CLUB OF KAMPALA VISIONARIES	1
16	ROTARACT	E-CLUB OF KAMPALA 7 HILLS	1
15	ROTARACT	GULU	1
16	ROTARACT	GULU SUNSET	1
17	ROTARACT	KABAROLE	1
18	ROTARACT	KAMPALA CENTRAL	1
19	ROTARACT	KAMPALA SSESE ISLANDS	1
20	ROTARACT	KAMPALA THE CORE	1
21	ROTARACT	KIRA	1
23	ROTARACT	KYENGERA	1
24	ROTARACT	LUGAZI	1
25	ROTARACT	LUZIRA	1
26	ROTARACT	MBALE	1
27	ROTARACT	MBALE UPTOWN	1

RY2026/27 Club Qualification Criteria and Schedule

Criterion	Requirement	Applicability	Comment
URSB Certificate of Incorporation	Copy of URSB Certificate of Incorporation	1-Jul-2026 to 30-Jun-2027	
Payment of RI dues – first Rotary invoice	• RI Invoice • Proof of Payment	1-Jul-2026 to 30-Jun-2027	• Rotary Clubs – July 2026 invoice • Rotaract Clubs – January 2026 invoice
Payment of RI dues – second Rotary invoice	• RI Invoice • Proof of Payment	1-Jan-2027 to 30-Jun-2027	*Additional requirement w.e.f 1-Jan-2027: Clubs that had applied but not qualified by then get a one-month waiver for this new requirement* • Rotary Clubs – January 2027 invoice • Rotaract Clubs – January 2027 invoice
Payment of District Dues	Proof of Payment	1-Jul-2026 to 30-Jun-2027	
RY24/25 Audited Accounts	Copy of audited accounts for RY2024/25. The audit should have been conducted by an ICPAU registered audit firm, and the audited accounts should include the names of the signatories (club leaders and auditors).	1-Jul-2026 to 30-Jun-2027	Names of club leaders **NEED NOT** appear alongside their signatures in the Audited Accounts **PROVIDED THAT** the signatories are identified by name elsewhere in the Audited Accounts (typically in "Business Information" section) .
Club Assembly resolution (RY24/25)	Copy of minutes or resolution (including the attendance list) of the Club Assembly meeting at which the audited accounts for RY2024/25 were approved. The minutes/resolution should be signed by the club officials that officiated over the Club Assembly.	1-Jul-2026 to 30-Jun-2027	
RY25/26 Audited Accounts	Copy of audited accounts for RY2025/26. The audit should have been conducted by an ICPAU registered audit firm, and the audited accounts should include the names of the signatories (club leaders and auditors).	1-Oct-2026 to 30-Jun-2027	*Additional requirement w.e.f 1-Oct-2026: Clubs that had applied but not qualified by then get a one-month waiver for this new requirement.* *Ditto comment on RY24/25 Audited Accounts*
Club Assembly resolution (RY25/26)	Copy of minutes or resolution (including the attendance list) of the Club Assembly meeting at which the audited accounts for RY2025/26 were approved. The minutes/resolution should be signed by the club officials that officiated over the Club Assembly.	1-Oct-2026 to 30-Jun-2027	*Additional requirement w.e.f 1-Oct-2026: Clubs that had applied but not qualified by then get a one-month waiver for this new requirement.*
URSB Annual Returns (2025)	Copy of annual return for 2025.	1-Jul-2026 to 30-Jun-2027	
URSB Annual Returns (2026)	Copy of annual return for 2026.	1-Jan-2027 to 30-Jun-2027	*Additional requirement w.e.f 1-Jan-2027: Clubs that had applied but not qualified by then get a one-month waiver for this new requirement.*
Financial Management Guidelines	Copy of Club financial management guidelines/plan/manual.	1-Jul-2026 to 30-Jun-2027	
Change of bank signatories	• Copy of the Board resolution on change of signatories, certified by URSB. • Confirmation of receipt of the Board resolution by the commercial banks ("Received" stamp on copy of Board resolution or separate letter).	1-Jul-2026 to 30-Jun-2027	*New requirement*
MOU between RY26/27 President and President Elect	Duly completed and signed Club Qualification Memorandum of Understanding (MOU) between the RY2026/27 President and President Elect.	1-Jul-2026 to 30-Jun-2027	
Attendance of Grants Seminar	*No submission required. The Qualifications Committee will assess compliance using the attendance records of the Grants Seminars.*	1-Jul-2026 to 30-Jun-2027	
No outstanding Global Grant reports	*No submission required. The Qualifications Committee will assess compliance using the records of the District Stewardship Chair.*	1-Jul-2026 to 30-Jun-2027	
No outstanding stewardship issues	*No submission required. The Qualifications Committee will assess compliance using the records of the District Stewardship Chair.*	1-Jul-2026 to 30-Jun-2027	

Rotary D9213

RY2026/27 Club Qualification Exemptions

The following exemptions will apply in RY2026/27 for Rotary District 9213:

1. New clubs that were chartered after 31-Dec-2024 will be exempted from the following requirements:
    a. RY2024/25 Audited Accounts
    b. Club Assembly Resolution approving the audited accounts for RY2024/25
2. New clubs that were chartered after 31-Dec-2025 will be exempted from the following requirements:
    a. RY2025/26 Audited Accounts
    b. Club Assembly Resolution approving the audited accounts for RY2025/26
3. Clubs that were incorporated by URSB after 31-Dec-2024 will be exempted from the following requirements:
    a. URSB Annual Returns (2025)
4. Clubs that were incorporated by URSB after 31-Dec-2025 will be exempted from the following requirements:
    a. URSB Annual Returns (2026)
5. Clubs seeking the exemptions listed in 1 and 2 above will in addition be required to submit a copy of the Rotary International Charter Certificate to enable the District Qualification Committee to ascertain their charter date.
6. Clubs seeking any of the exemptions listed in 1 to 4 above will in addition be required to:
    a. Adopt the model Financial Management Guide available on the Rotary District 9213 website.
    b. Provide a copy of the minutes or resolution of the Club Assembly meeting at which the Financial Management Guidelines were adopted.
7. Clubs that achieve qualification after being exempted from the requirements listed in 1 – 4 above will only be able to apply for Global Grants in partnership with D9213 clubs that achieve qualification without any exemption requirement UNLESS:
    a. the club has successfully managed and closed at least two Global Grants; OR
    b. the club has been chartered for at least two years.

    This will be stated in the letter issued by the District Qualification Committee to confirm their qualification.

Rotary
D9213

Submission Procedure

1. The District Qualification Committee will start receiving applications for Club Qualification for RY2026/27 on 1 July 2026.
2. To submit your documents, scan and email:

- Subject line: "District Qualification – Rotary/Rotaract Club of XXX"
- Include scans or pictures of the expected documents.
- Email to: d9213qualification@googlegroups.com with copies to District Qualification Committee members below.

3. For inquiries contact the District Qualification Committee members:

- Richard Mayebo, Qualification Chair, rmayebo@gmail.com, 0772 412022.
- Satish Guna, Qualification Vice-Chair, satish.guna@gmail.com, 0751 755204.
- Aloysie Tumukunde, Rotaract TRF Chair, taloysie@gmail.com, 0773 220659.
- Isaac Makanisa Agaba, Rotaract Qualification Chair, agabaisaac99@gmail.com, 0770 803495.


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